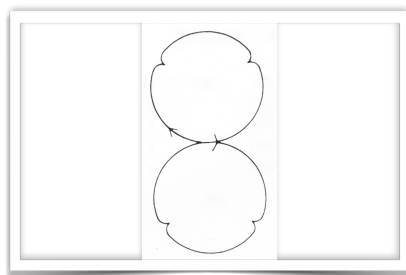
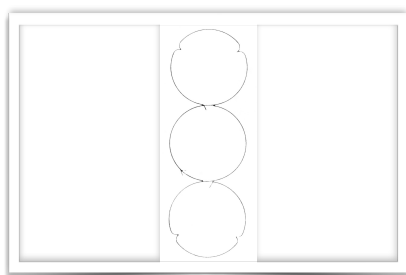


FIGURE EIGHTS: THE LIFE FORCE OF FIGURE SKATING - DVD

WORLD FIGURE SPORT'S SKATING EXAM CHART FOR FIGURES

DVD Reference Guide on left & World Figure Sport's Gold Exam on right



Questions contact: Mrs. Kelly, MA, Olympian, WFS's Chef de Mission of Education & Sport - WorldFigureSport.org 518-304-3029 copyright-all rights reserved

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3rd Figure Menu	Title	Title & Chapter	World Figure Sport's Gold Exam	Difference of 3 & Bracket	Knowledge Type	WFS's Exam Date & Level Achieved
Double 3	RFO-LFO	2 & 22	Pivoting Heart Figure	RBI3-RFOBr	Expanded	
Double 3	RFI-LFI	2 & 23	Pivoting Heart Figure	LBI3-LFOBr	Expanded	
Change 3	RFOI-LBOI	2 & 24	Pivoting Heart Figure	RBO3-RFIBr	Expanded	
Change 3	LFOI-RBOI	2 & 25	Pivoting Heart Figure	LBO3-LFIBr	Expanded	
Change D3	RFOI-LFIO	2 & 26	Double 3	RFO-LFO & RFI-LFI	Fundamental	
Change D3	LFOI-RFIO	2 & 27	Change D3	RFOI-LFIO & LFOI-RFIO	Fundamental	
Loop	RFO-LFO	2 & 28	Brackets	RFI-LBO & LFI-RBO	Fundamental	
Loop	RFI-LFI	2 & 29	Forward Change Loops	RFOI-LFIO & LFOI-RFIO	Fundamental	
			Swiss S with Change of Edge	RFOIBr-LBIOBr	Expanded	